



2nd November 2017

Dear Parents and Carers,

PUBERTY TALK TO YEAR 5 GIRLS AND BOYS

A talk has been arranged on the subject of puberty with the school nurses. The session will last approximately 90 minutes and will take place on **Thursday 9th November 2017**.

The content of the lesson will include a small amount of anatomy but more about the practical aspects of going through puberty and what to expect. It will not be a 'sex education' lesson, however there will be some reference to reproduction.

The boys' and girls' talks will be held separately and led by healthcare professionals, who are experienced in speaking to KS2 children about puberty. The Year 5 class teachers will be present during the lesson. Towards the end of the session there will be the opportunity for questions to be asked or written down anonymously.

If you require any further information on the content of the presentation, please do not hesitate to contact the school nurse on 01274 322333, or alternatively discuss any queries you may have with Miss Martin or Mrs Booth.

Yours sincerely

Miss Moore and Mr O'Hanlon
Year 5 Class Teachers